

French-American Workshop of Taijiquan Yangjia Michuan Taijiquan (YMT)

With John Cole (California), Jim Carlson (Michigan), Dale Freeman (Oregon), Sabine Metzlé (Paris area),
Henri Mouthon (Annecy), Serge Dreyer (Le Mans)

Marçon (France), Camping des Varennes, from 7-20 to 7-26, 2011

This workshop is the second part of a project started with Serge and John (see the report in the AYMTA Newsletter about the first stage in California) in order to promote a better understanding of each other on both sides of the Atlantic. The respect of the different concept of the teaching-learning of our style constitutes the second most important goal of this project. We consider that it is of the very utmost importance to encourage practitioners of our style to circulate among each other in order to boost our style. Consequently, we'll organize a 7 days workshop (6 to 7 hours of daily practice) under the leadership of 3 teachers of each country who have already collaborated last summer in California.

John Cole will teach in a very safe fashion the martial art applications of the 1st sequence (1st Duan) of Yangjia Michuan Taijiquan based on his experience of fighting and his practice of other Chinese martial arts like the Tibetan White Crane style. **Dale Freeman** an 8th Degree Black belt of Kempo Karate and Yang Banhou Taijiquan stylist, will teach alternatives to John's, based as well on his own experience. This workshop will be an extraordinary opportunity to deepen our understanding of the yongfa (martial applications) of our style with new perspectives. The workshop will be in English and translated in French.

Henri Mouthon and **Jim Carlson** will teach a workshop of sword. Jim will teach the Wudang sword from the beginning for those who don't know it. Henri will teach the Kunlun sword by deepening the sequences and the cuts for those who are globally familiar with this kind of sword. Then they will cooperate to train participants to duida (2 people practice) during 30 minutes. The workshop will be taught in English and French with translation.

Sabine Metzlé and **Serge Dreyer** will focus about tuishou. They will propose various movements of the 3 sequences «from the perspective of the internal principles applied to tuishou» (Sabine) and «back and forth between the movements of the sequences and the principles and techniques of tuishou» (Serge). The workshop will be taught in French with translation in English.

Each day the workshops will be preceded by a morning practice of basic exercises and sequences of our style taught alternatively by the teachers of YJMTJQ (YMT).

Serge proposes free of charge (each participant will have to bring his/her own paper and ink) a Chinese woodblock print workshop by using his collection of 19th century Chinese and Taiwanese woodblocks.

The organization of such a workshop is unique in our style but is very complex to organize. Therefore it is our hope that the interested candidates will state their intentions before 4/1/2011 by paying their registration at the advantageous tariff of **220 euros** (which covers only the workshops) by sending a check for **\$290.00** payable to **John Cole** and mail to 535 Whitecliff Dr., Vallejo CA 94589. Starting 4/1/2011 the tariff will be **250 euros or \$330.00**. If you cancel, you will be reimbursed less a \$10.00 fee. If we cancel you will be reimbursed in full. No cancellation or reimbursement after July 1, 2011. (The Dollar amount is an approximate exchange rate. When we go to France the amount will be adjusted up or down to comply with the exchange rate.)

As far as the logistic is concerned (camping, hotel, train, etc ;) the ARAMIS association in France will inform all the participants once the number of participants is secure enough to organize the workshop. The decision will be taken at the end of April (so please don't buy any plane ticket before this date unless you are informed to do so by ARAMIS)

The place for practice will be outdoor on the Camping des Varennes in Marçon (143 miles South-West of Paris) in the lush Loire Valley in the midst of the world famous castles and vineyards. Participants will be able to camp or to stay in bungalows; other options are bed and breakfast and hotel (ARAMIS has a detailed list of them).

We'd like to encourage you to participate to this event and thus contribute to the harmonious development of our style of taijiquan.

Serge Dreyer, Henri Mouthon, Sabine Metzlé, John Cole, Jim Carlson, Dale Freeman